



Natural Born

### Product List

Products with a \* contain no preservatives. Natural Born's aim is to produce skin care as natural as possible. Therefore the preservatives which are used are natural and they are benzyl and ethyl alcohol as well as the preserving power of essential oils, almond and vanilla extracts. All products have a pH between 5-6.

New products are in the pipeline, including decorative cosmetic like lipsticks.

NOT TESTED ON ANIMALS

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## Natural Born natural skincare for the whole family

Face Cleansing Creme  
Toner  
Shampoo



125ml

Creames  
Massage gel  
Milk wash  
all masks



50ml

Face oil



25ml

Body oils  
After Shave  
Mouth Rinse



100ml 200ml

Bath salt  
Body scrub



500g

Lip balms

4g

## Perfume \*

Conventional perfumes contain questionable ingredients. Natural Born's perfumes are either based on ethyl alcohol which is natural and has not been denatured or on jojoba oil. Please indicate when you order which one you want. They come as:  
perfume 15ml, eau de perfume 50ml and eau de toilette 100ml.

Perfume is the strongest fragrance. It should last up to 6 hours.  
Eau de Perfume ( EDP) is lighter than perfume and should last 3 - 5 hours.  
Eau de Toilette (EDT) is lighter than EDP and should last 2-4 hours.

Here are the 4 different scents:

Fleur

a floral fragrance with a hue of musk tones

Limone

citrus freshness with a hint of jasmins

Dolce

sweet and soft

Capriccio

herbal, a more masculine fragrance

## Cleanser & Exfoliants

Dead cells cling to your skin so if they are not removed they may occasionally enlarge your pores. Exfoliants remove the dead cells. Sensitive, dry skin should not exfoliate more than once a month. Combination skin may exfoliate once a week.

### Face Cleansing Milk 125ml with or without green clay

Soothing cream based cleanser which cleanses without damage. Removes make-up and daily dirt easily. Ph 5.5. Does not sting in eyes. Ingredients: water, betain, coconut & grapeseed oils, (green clay), cetyl alcohol, wax, bees wax, ethyl alcohol, honey, benzyl alcohol, essential oils

### Milk Wash\* 50g

Gentle face scrub, ideal for sensitive skin and of course all other skin. Can be left on and when dry wash off. Can also be used as a daily cleanser. Ingredients: milk powder, almonds, oats, clay, essential oils

### Citrus Face Scrub\* 50g

Deep cleansing scrub. Use only once a week. Not suitable for sensitive skin. Normal skin every 2 weeks, oily skin every week. Ingredients: tea-tree powder, walnut shell, grapeseed, sesame and camelia oils, essential oils

## Dental health\*

### Tooth Powder\* 50g

Effective dental cleansing treatment. Ingredients: various clays, himalaya salt, essential oils

### Gum Powder\* 50g

Effective dental cleansing treatment. Ingredients: himalaya salt, orange peel, bicarbonate, herbs, essential oils

### Mouth Rinse\* 100ml

Refreshing, antiseptic mouth rinse with myrrh  
Ingredients: alcohol, essential oils, plant extracts

## Toner 125ml

Toners restore the pH balance. They remove any lingering left over of make up, soap film and make pores seem smaller and wrinkles less noticable. They should be applied after cleansing. Before applying moisturiser the skin should be completely dry. Cotton wool pads could be soaked in the toner, put in a sealed box and voila you have freshen-up, cleansing pads.

Oiliness varies with temperature, time, endocrine system and emotions (stress).  
Oily skin/acne: enlarged pores, thick texture, shiny in most places, acne or severe spots, white and blackheads

Combination skin: visible pores on chin and nose, enlarged pores, blackheads on nose, white heads around eyes and cheeks

Dry/Mature skin has fine pores. Mature skin is dull and lifeless. Shows sign of fine lines and premature wrinkles.

Normal skin: even sized pores, no spots, no black or white heads, neither flakiness, general glow and rosy cheeks

### Balancing Face Toner I -oily skin

Pore cleansing, this natural astringent will stimulate your skin It could also serve as an after-shave, as it has a pronounced herbal aroma. Not suitable for sensitive skin and normal skin. Not to be used on blemishes or acne.

Ingredients: witch-hazel hydrosol, honey, cider vinegar, essential oils

### Balancing Face Toner II - oily & combination skin

Stimulates, reduces oiliness and helps refining open pores. Not suitable for sensitive skin. Not to be used on blemishes or acne.

Ingredients: witch-hazel & orange hydrosol, honey, benzyl alcohol, cider vinegar, essential oils

### Lavender Toner - blemished skin

If you suffer from blemished skin or acne this toner is best for this condition.

Ingredients: Lavender hydrosol, essential oils, benzyl alcohol

### Camomile Face Toner - normal & sensitive skin

Soothing toner for sensitive skin

Ingredients: camomile & lavender hydrosol, aloe vera, allantoin, benzyl alcohol, essential oils

### Rose Face Toner - normal & dry skin

Rose water and aloe vera will hydrate dry skin. Ideal for dry skin.

Ingredients: rose hydrosol, aloe vera, benzyl alcohol, essential oils

## Face Masks \*

Masks firm, tone, clear and plump up wrinkles. Combination and oily skin may apply a mask twice a week. Normal once a week and sensitive once a month. However see how your skin reacts and judge yourself. Apply mask over entire face and throat except for fragile area around the eyes. The clay and mineral mask take 20 minutes to dry and then its time to take them off. Do not wash the face with soap after mask. Just take it off with tepid to warm water. The honey mask can stay on as long as you like.

### Honey Face Mask\* 50g

Best applied 3 times per week to smooth, tone and improve circulation.

Ingredients: honey, bees-wax

### Clay Face Mask\* 50g

Clay has a great detoxifying & revitalizing effect. Can help to revitalise tired, dull complexions.

Available for combination and dry skin.

Ingredients: various clays, essential oils

### Dead Sea Mineral Mask\* 90g

For centuries the healing power of dead Sea mud is known. Stimulates the cell function, heals inflammation and detoxicates. application: simply put a layer of 1-3mm onto skin (usually dries within 20 min) rinse off with warm water

dead easy

Ingredients: dead sea mud, himalyan crystall salt brine, algae

## Body cleanser & moisturiser

### Citrus body wash gel 125ml

A fresh cleansing gel with pH 5.5 for a healthy skin.

Ingredients: water, betain, Vit.B, benzyl alcohol, essential oils

### Vitalising shower cream 125ml

Creamy washing lotion.

Ingredients: water, betain, sesame and coconut oil, cacao butter, benzyl alcohol, essential oils

### Light body lotion 125 ml

It is readibly absorbed without leaving an oily film on the skin

Ingredients: water, grapeseed oil, bees wax, wax, cetyl alcohol, shea butter, cacao butter, lecithin, benzyl alcohol, benzoin tincture, essential oils

### Luxurious body cream 90g

A mousse style cream for all skin types.

Ingredients: geranium hydrosol, water, sesame & macademia oil, cacao butter, bees wax, cetyl alcoholm sodium lactate, benzyl alcohol, essential oils

### Hand cream 50g

A real treat for your hands. This cream is very rich.

Ingredients: water, macademia & sesame oil, shea butter, wax, bees wax, cetyl alcohol, honey, Vit. B, benzoin tincture, benzyl alcohol, essential oils

## Lip balms

### Coconut Lip Balm 4g

Soothing and softening lipbalm, which melts into your lips and tastes deliciously

Ingredients: coconut & castor oils, bees wax, honey, Vit.B, essential oils

### Avocado Lipbalm 4g

Soothes and protects the lips, avocado oil is rich in Vit E thus protecting against harmful UV rays providing a natural screen of SPF4.

Ingredients: avocado & castor oils, bees wax, honey, Vit.E, essential oils

## Body Oils \* 100ml and 200ml

all body oils contain only plant and essential oils

### Massage oil

with peanut, sesame and olive oil

Peanut oil is the oil that will go deepest into the skin and will therefore help to warm up the muscles effectively

### Relax oil

with almond, apricot kernel and grapeseed oil

### Sensual oil - for the intimate massage

with jojoba, almond, sesame and macademia oil

### Oriental oil

with almond, apricot kernel and sesame oil

### Wake-up oil- this oil is very light

with almond, grapeseed, jojoba and olive oils

### Cold Relief oil

with manuka and kanuka essential oils, hemp, macademia & almond oil

## Massage Gel \* 90g

### Massage gel

with grapeseed & jojoba oil, bees wax, essential oils

### Deep massage gel

with grapeseed, jojoba & peanut oil, bees wax, essential oils

## Ointments \* 90g

The tea tree and camomile ointment help to ease red, itchy skin caused by fungi like candida or other fungi.

Ingredients. oil, bees wax, cacao butter, essential oils

### Tee tree ointment

### Camomile ointment

### Calendula for very dry hands

## Healing Creams 50g

### Arthritis cream

Ingredients: water, macademia and sesame oil, shea butter, cetyl alcohol, bees wax, honey, glucosamin, chondroitin, Vit. B, benzoin tincture, camphor, benzyl alcohol, essential oils

### Eczema Cream

Marula oil heals itchy skin, as do urea and collaidol oats. Vitamin E & B nourish the skin. Hemp, wheat germ, macademia & peanut oils all contain vitamins and are rich oils.

Ingredients: water, macademia, hemp, wheat germ & peanut oils, cetyl alcohol, honey, wax, bees-wax, marula oil, vit B & E, urea, essential oils, almond & vanilla extract

## Healing oils \* 100ml and 200ml

### Eczema oil

with hemp seed, evening primrose, flaxseed, seabuckthorn oil, essential oils

### Stretch mark oil

with almond, evening primrose, sunflower, rosehip oil, essential oils

### Cellulite healing oil

with almond, grapeseed, olive oil, essential oils

### Wound healing oil 25ml

with St. John´s Wort, rosehip oil, essential oils

## Bath products\*

### Bath Salts \* 500g

All bath salts contain natural sea salt, epsom salt, marine extracts, see weed, dead sea mineral mud, clay, shea butter and essential oils for a spa experience at home. Enough for one very intensive detoxifying, cleansing bath. The bath water should be 37-38C warm.

### Serene bath, calming and soothing

Muscle relax bath for relaxing muscles and joints

## Body scrub\* 500g

### Body scrub

with walnut & macademia shell, grapeseed & peanut oil, epsom salt, green clay, sugar, sea salt, essential oils

## Moisturiser

Who needs to moisturise? Almost everyone. Moisturising seals in water and replenishes some of the precious oils reduced by aging. Creams protect the skin from heat, cold and dry environments.

### Face Oil\* 25ml

Full of active vitamins this oil tones the skin without leaving an oily film on the skin. It can be applied day and / or at night.

Ingredients: peach kernel, sesame, olive, camelia, wheatgerm, hemp-seed, jojoba, rosehip & seabuckthorn oils, essential oils

### Face Cream, normal skin 50g

Light cream, quickly absorbed, nourishing for normal skin.

Ingredients: water, sesame & olive oils, cetyl alcohol, bees wax, if with SPF (methoxycinnamic acid & zinc oxide), lecithin, vitamin A, sodium lactate, algae, benzyl alcohol, benzoin tincture, essential oils, almond & vanilla extract

### Moisturising Face Cream 50g

This cream is very rich. People with dry skin can use it as a day cream, others may want to use it as a night cream.

Ingredients: water, rose & geranium hydrosol, macademia & sesame oils, shea & cocoa butter, cetyl alcohol, bees wax, wax, if with SPF (methoxycinnamic acid & zinc oxide), Vit. B, allantoin, benzyl alcohol, benzoin tincture, carrot healing oil, essential oils, almond & vanilla extract

### Vitamin Face Cream 50g

This is a lighter cream for dry skin full of vitamins.

Ingredients: water, safflor, sunflower & olive oils, cetyl alcohol, bees wax, if with SPF (methoxycinnamic acid & zinc oxide), lecithin, vitamin A,E &B, benzyl alcohol, allantoin, benzoin tincture, essential oils, almond & vanilla extract

### Balancing Face Cream, oily skin 50g

Grapeseed oil is high in unsaturated fatty acids and a very light oil.

A perfect oil for oily skin.

Ingredients: water, witch hazel hydrolate, grapeseed & jojoba oils, cetyl alcohol, bees wax, if with SPF (methoxycinnamic acid & zinc oxide), cacao butter, benzyl alcohol, benzoin tincture, allantoin, essential oils, almond & vanilla extract

## Baby products

All Baby oils contain only plant and essential oils

### Baby Tummy oil\* 25ml

gentle massage oil for troubled tummies

### Baby Sweet Dreams oil \* 25ml

soft and soothing with a sleepy scent

### Baby Eczema oil \* 25ml

hemp oil and essential oils will ease the scratchiness

### Baby Oil gel \* 50ml

this gel is for massaging the little one

Ingredients.: sunflower oil, bees wax, essential oils

### Baby Wash Lotion 125ml

a mild wash lotion for body and hair

Ingredients.: water, almond oil, betain, lecithin, benzyl alcohol

### Nappy Rash cream 50g

The right protection for baby's bottom.

it contains alpha bisabol (derived from chamomille) for anti-inflammation and a soothing of the skin, Vit B for faster cell generation.

Ingredients.: water, sunflower oil, cetyl alcohol, bees wax, lecithin, cacao butter, alpha-bisabol, Vit. B, benzyl alcohol, essential oils

## Hair Products

Natural Born's shampoos contain betain & sodium cocyl sarcosinate. Both are very mild foam making tensids. Unlike other shampoos which still contain sodium lauryl sulphate (SLS) which is carciogenic, inexpensive and produce big bubbles. Betain and sodium cocyl sarcosinate produces small bubbles and are much milder to hair and skin. All shampoos have a pH 5.5.

### Citrus shampoo 125ml

Normal to oily hair, with or without green clay  
With silk powder and wheat amino acid which improve luminance and elastic behaviour.

Ingredients: water, betain, sodium cocoyl sarcosinate, honey, silk powder, wheat amino acid, benzyl alcohol, essential oils

### Shampoo for dry hair 125ml

This gentle shampoo will put moisture back into your hair.

Ingredients: water, betain, sodium cocoyl sarcosinate, honey, coconut & sesame oils, lechithin, silk powder, wheat amino acid, benzyl alcohol, essential oils

### Anti- Dandruff Shampoo 125ml

Ingredients: water, betain, sodium cocoyl sarcosinate, honey, pirocton olamin, benzyl alcohol, essential oils

### Hair wax\* 50g for short hair

Ingredients: coconut & sesame oil, beeswax, essential oils

## Men's products

Men have more sebacious glands than females and may wait with moisturising until their forties.

### Face Oil \* 25ml

A nourishing and light oil, for night and day use.

Ingredients: macademia, grapeseed, almond, avocado, sesame, hemp seed, jojoba & rosehip oil, essential oils

### Moisturising Cream 50g

Great for moisturising the skin after a shave and anytime in between.

Ingredients: water, with-hazel hydrolate, avocado il, wax, shea butter, lecithing, allantoin, Vit. B & E, benzyl alcohol, benzoin tincture, almond & vanilla extract, essential oils

### After Shave Balsam 125ml

Light after Shave Balsam. Calming and protecting. Contains ethyl alcohol.

Ingredients: water, coconut & grapeseed oils, cetyl alcohol, wax, bees wax, ethyl alcohol, honey, benzyl alcohol, essential oils

### Shaving Lotion 125ml

Smooth lubricating shave lotion. Rinses off blades and face easily.

Ingredients: water, coconut & grapeseed oils, cetyl alcohol, wax, bees wax, ethyl alcohol, honey, benzyl alcohol, essential oils

### After Shave\* 100ml

Natural after-shave

Contains ethyl alcohol & witch hazel,allantoin and essential oils

### After Shave\* 100ml with jojoba oil

After-shave with jojoba oil for moisture

Contains ethyl alcohol & witch hazel, jojoba oil, allantoin,essential oils